









ACCESS

RACE DAY PARKING

Park at the Churasun Beach parking lot; space is limited, first come first served.

Hours: 06:00-22:00

Rate: ¥100/60 min. (max. charge capped at ¥500)

If the main parking lot is full, please proceed to the lias Toyosaki parking lot (open

from 09:00 AM).

BY CAR

From Naha Airport: Drive south approx. 15 min on the Oroku Bypass

Via Expressway: From Nakachi IC, drive approx. 10 min

BY BUS

From Naha Airport

Go to the 1st floor bus stand and take the 95 Ashibinaa mae bus. Alight at lias Toyosaki (approx. 20 min). Then walk through lias towards Churasun Beach (approx. 2 min).

From Naha Bus Terminal

Take the 55, 56, 87 or 98 local bus and alight at Michi no Eki Toyosaki. Walk west for approximately 8 minutes.

Within Tomigusuku

Using the Tomigusuku city bus, alight at Toyosaki Churasun Beach Iriguchi stop. Walk west for approximately 3 minutes.







Race registration opens at 8:30AM

Competitors may only complete registration **from 90 minutes** prior to his/her wave start time. Confirm wave start time on the E-Ticket in advance - registration cannot be processed more than 90 minutes before wave start time.

NECESSARY ITEMS FOR REGISTRATION

- Guardian's photo identification, e.g. passport, drivers license, MyNumber card, residence card, student ID, etc. (photocopies accepted)
- PRINTED E-Ticket
- At registration, the competitor will receive a t-shirt in the pre-selected size
- Bring the aforementioned items to the race registration counter on race day. Spartan Race does NOT mail race packets in advance.
- •From 2024, waivers must be signed electronically at registration on race day
- Upon completing race registration, collect race packet (items listed pg. 4).

E-ticket



Photo ID



Bring the following items on race day:

- Guardian photo identification
- PRINTED E-Ticket

Waivers will be signed electronically on race day. Signed waivers do not need to be prepared in advance.

DON'T FORGET TO CHECK YOUR WAVE START TIME

How to find your E-Ticket:

STEP 1 * Recommended browser: Google Chrome*



- Click link to access My Account https://tickets-jp.spartan.com/my-account
- Login using your email address and password

STEP 2

In My Account, click Orders

STEP 3

Click the cog symbol and select PRINT TICKET

STEP 4

- E-Ticket will be displayed (see image)
- Click Print





Collect Race Packet

Ensure race packet contains the following:





Headband (bib number)

All competitors must wear the provided headband; it should be visible during the race



Category & Start Time Wristband

A wristband indicating category and start time will be secured onto the competitor's wrist. Staff will confirm start time before the competitor's event. Do not remove wristband until after exiting the race venue.

Eligibility Rules for Awards (Competitive only)

- The start time wristband provided at registration must be worn during the race.
- In each category wave, boys will start first, followed by the girls.
- Competitive category racers must complete 15 burpees with each failed obstacle.
- Those eligible for awards are encouraged to stay on-site and participate in the awards presentation

Awards: Top 3 Boys, Girls (10-11, 12-14)

• The top 3 boys and girls in the 10-11 and 12-14 age groups in the Competitive waves will receive an award. Age group reflects age on December 31 of the calendar year

• Racers receiving an award should attend the awards presentation wearing his/her Spartan Kids







SCHEDULE

TIME	EVENT	DISTANCE
8:30 AM	受付開始	THE SECTION OF THE PARTY OF THE
10:00 AM	Competitive Boys 12-14	3,200m / 2 mi
10:15 AM	Competitive Girls 12-14	3,200m / 2 mi
10:30 AM	Competitive Boys 10-11	3,200m / 2 mi
10:45 AM	Competitive Girls 10-11	3,2 <mark>0</mark> 0m / 2 mi
11:00 AM-11:15 AM	Open Category 4-6	800m / .5 mi
11:15 AM-11:30 AM	Open Category 7-9	1,600m / 1 mi
11:30 AM-11:45 AM	Open category 10-14	3,200m / 2mi
11:30 AM-0:00 PM	COMPETITIVE&BIGGEST TEAM AWARD	
11:45 AM-0:00 PM	Open Category 7-9	1,600m / 1 mi
0:00 PM-0:15 PM	Open Category TIPNESS ONLY	
2:00 PM	Course closes	A SECTION OF THE PARTY OF THE P
6:00 PM	会場CLOSE	





SUGGESTED ITEMS TO BRING

- Proof of health insurance
- Medical diary with medication history
- •Things to combat heat, e.g. sodium tablets, water bottles, portable fans, ice packs, cold towels
- ·Breathable, quick-drying, and/or sweat-wicking clothing
- ·Hat or sun umbrella
- Body wipes or towels

No showers available; do not rinse shoes, feet, or body in bathroom or venue facilities

FACILITIES

Bathrooms

· Available in the Festival Area. No bathrooms on course.

Bag Check

- Available free of charge at the same area as adult racers.
- · Personal items are solely your responsibility.

Nursing Room

Use the venue's nursing rooms.

First Aid

- Teams of medical professionals will be deployed throughout the course.
- · Medical tent will be available at the Festival Area.
- Racers and companions must NOT use the venue's medical facilities.



RACE DAY PHOTOS



Save those memories!

Photos from Spartan Kids will be available for purchase

Spartan Race official photographer All Sports Community will take photos throughout the race



PHOTO PURCHASE

All Sports Community (https://ailsports.ip/) is the official photographer of Spartan Race. A wide variety of photos throughout race day will be posted online after the race and available for purchase. Photos can be searched using the bib number on headbands – ensure headband is on and bib number is visible at all times. It is illegal to take screenshots of photos for purchase.

PHOTO PURCHASE





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