





RACE GUIDE





# 2025 SEASON

# **ACCESS**

#### RACE DAY PARKING

Park at the Churasun Beach parking lot; space is limited, first come first served.

**Hours:** 06:00-22:00 **Rate:** ¥100/60 min.

If the main parking lot is full, please proceed to the IIAS Toyosaki parking lot (open from 09:00 AM).

 $oldsymbol{lpha}$  Parking is limited. Public transit, taxis, and carpooling recommended

#### BY CAR

From Naha Airport: Drive south approx. 15 min on the Oroku Bypass Via Expressway: From Nakachi IC, drive approx. 10 min

#### RY RUS

#### From Naha Airport

Go to the 1<sup>st</sup> floor bus stand and take the 95 Ashibinaa mae bus. Alight at IIAS Toyosaki (approx. 20 min). Then walk through lias towards Churasun Beach (approx. 2 min).

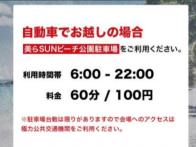
#### From Naha Bus Terminal

Take the 55, 56, 88 or 98 local bus and alight at Michi no Eki Toyosaki. Walk west for approximately 8 minutes.

#### Within Tomigusuku

Using the Tomigusuku city bus, alight at Toyosaki Churasun Beach Iriguchi stop. Walk west for approximately 3 minutes.















# Race registration opens at 8:30AM

Racers may only complete registration from 90 minutes prior to his/her wave start time. Confirm wave start time on the E-Ticket in advance - registration cannot be processed more than 90 minutes before wave start time.

#### NECESSARY ITEMS FOR REGISTRATION

- Guardian's photo identification, e.g. passport, drivers license, MyNumber card, residence card, student ID, etc. (photocopies accepted)
- PRINTED E-Ticket
- · At registration, the racer will receive a t-shirt in the pre-selected size
- Bring the aforementioned items to the race registration counter on race day. Spartan Race does NOT mail race packets in advance.
- Upon completing race registration, collect race packet (items listed pg. 4).

#### E-ticket



#### Photo ID



#### Bring the following items on race day:

- · Guardian photo identification
- PRINTED E-Ticket

Waivers will be signed electronically on race day. Signed waivers do not need to be prepared in advance.

## DON'T FORGET TO CHECK YOUR WAVE START TIME

How to find your E-Ticket:



- **STEP 1 Use Google Chrom**
- Click link to access My Account <a href="https://tickets-jp.spartan.com/my-account">https://tickets-jp.spartan.com/my-account</a>
- Login using your email address and password

#### STEP 2

In My Account, click Orders

#### STEP 3

Click the cog symbol and select PRINT TICKET

#### STEP 4

- E-Ticket will be displayed (see image)
- Click Print





### **Collect Race Packet**

Ensure race packet contains the following:





#### Headband (bib number)

All racers must wear the provided headband; it should be visible during the race.



#### **Category & Start Time Wristband**

A wristband indicating category and start time will be secured onto the racer's wrist. Staff will confirm start time before the racer's event. Do not remove wristband until after exiting the race venue.

## Eligibility Rules for Awards (Competitive Only)

- The start time wristband provided at registration must be worn during the race.
- In each category wave, boys will start first, followed by the girls.
- Competitive category racers must compete 15 burpees with each failed obstacle.
- Those eligible for awards are encouraged to stay on-site and participate in the awards presentation.

## Awards: Top 3 Boys, Girls (10-11, 12-14)

- The top 3 boys and girls in the 10-11 and 12-14 age groups in the Competitive waves will receive an award. Age group reflects age on December 31 of the calendar year
- Racers receiving an award should attend the awards presentation wearing his/her Spartan Kids finisher t-shirt on stage.









TIME	EVENT	DISTANCE
8:30 AM	Registration starts	
10:0 <mark>0 A</mark> M	Competitive Boys 12-14	3,200m / 2 mi
10:1 <mark>5 AM</mark>	Competitive Girls 12-14	3,200m / 2 mi
10:30 AM	Competitive Boys 10-11	3,200m / 2 mi
10:45 AM	Competitive Girls 10-11	3,200m / 2 mi
11:00 AM-11:15 AM	Open Category 4-6	800m / .5 mi
11:00 AM-11:30 AM	Competitive Awards	
11:15 AM-11:30 AM	Open Category 7-9	1,600m / 1 mi
11:30 AM-11:45 AM	Open Category 10-14	3,200m / 2 mi
11:45 AM-12:00 PM	Open Category 7-9	1,600m / 1 mi
1:00 PM-1:30 PM	Kids Biggest Team Awards	
2:00 PM	Course closes	
6:00 PM	Venue closes	





# SUGGESTED ITEMS TO BRING

- Proof of health insurance
- Medical diary with medication history
- · Things to combat heat, e.g. electrolyte tablets, water bottles, portable fans, ice packs, cold towels
- · Breathable, quick-drying, and/or sweat-wicking clothing
- Hat or sun umbrella
- Body wipes or towels

No showers available; do not rinse shoes, feet, or body in bathroom or venue facilities

# **FACILITIES**

#### **Bathrooms**

Available in the Festival Area. No bathrooms on course.

## **Bag Check**

- Available free of charge at the same area as adult racers.
- Personal items are solely your responsibility.

## **Nursing Room**

Use the venue's nursing rooms.

#### **First Aid**

- Teams of medical professionals will be deployed throughout the course.
- Medical tent will be available at the Festival Area.
- Racers and companions must NOT use the venue's medical facilities





# **RACE DAY PHOTOS**

Save those memories! Photos from Spartan Kids will be available for purchase

Spartan Race official photographer All Sports Community will take photos throughout the race



# SPARTAN オールスポーツが激走を撮影!





※写真の閲覧・購入にはオールスポーツコミュニティのログイン・新規会員登録が必要となります

オールスポーツ



注文期限後は、価格が変動(1.5倍~) いたしますので、あらかじめご了承ください。

イベントID: **E1690882** 

25年11月21日 (金) ~2026年1月7日 (水) 24:00まで

注文期限後は、価格が変動(1.5倍~) いたしますので、あらかじめご了承ください。

ご不明な点は以下連絡先までお問い合わせください (TEL: 平日10:00~17:00/FAX&E-mail: 24時間受付中)

株式会社フォトクリエイト 〒160-0023 東京都新宿区西新宿6-3-1 新宿アイランドウイング 13F 🧰 050-1743-5272 厦 050-3606-6867 🖼 support@photocreate.co.jp

## **PHOTO PURCHASE**

All Sports Community (https://allsports.jp/) is the official photographer of Spartan Race. A wide variety of photos throughout race day will be posted online after the race and available for purchase. Photos can be searched using the bib number on headbands - ensure headband is on and bib number is visible at all times. It is illegal to take screenshots of photos for purchase.





# **SPONSORS**

# DEFENDER 🔯 ゴリラクリニック









## **PARTNERS**







AlphaTheta













