



 SPARTAN
KIDS /

The world's largest obstacle race



2025

The world's largest obstacle race

RACE GUIDE





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ATTENTION

- The Spartan Race Osaka course has been carefully designed to make the best use of limited space. Some portions of both the adult and children's courses are narrow. We kindly ask all participants to remain aware of other park visitors and to prioritize safety at all times. Thank you for helping us ensure an enjoyable experience for everyone.
- Parents and spectators are not permitted to enter the Spartan Kids race course during the race.** However, one accompanying adult is allowed to assist each child aged 4-6 on the course.
- An orange wristband will be provided at registration; please ensure it is worn before the start of the race. After the race, scissors will be available at the finish area to remove the wristband yourself.

Thank you for helping us maintain a safe environment and enjoyable experience for everyone.

PRE-RACE REGISTRATION

Open to all racers. COMPETITIVE racers are especially encouraged to complete registration in advance on Friday at the Spartan Race Osaka race venue. Merchandise will also be available for purchase.

When: Friday, December 19, 16:00PM-18:00 PM

Where: Expo 70 Commemorative Park - red start on map denotes approximate location (nearest train station: Koen-Higashi-guchi)

Note

- If you lose or forget your timing chip, you will be charged for a replacement chip.
- Parking fees are your responsibility
- No proxy registration, e.g. registering or checking in on behalf of someone else





ACCESS

BY CAR

Parking at venue limited to EAST (東) parking lot. Parking lot will open earlier than usual at 07:00AM. Space is limited; public transportation recommended. For more information about parking at the venue: <https://www.expo70-park.jp/guide/parking/>



BY LOCAL TRAIN

Alight at Koen Higashi-guchi (Osaka Monorail). Connecting lines and transfer stations include:

HANKYU LINE: Minami-Ibaraki, Yamada, and Hotarugaike

KEIHAN MAIN LINE: Kadoma-shi

SUBWAY MIDOSUJI LINE: Senri-Chuo (Kita-Osaka Kyuko)

SUBWAY TANIMACHI LINE: Dainichi

BY SHINKANSEN BULLET TRAIN

Alight at JR Shin-Osaka station, take the Midosuji Line (Kita-Osaka Kyuko) to Senri-Chuo station, then transfer to the Osaka Monorail and alight at Koen-Higashi-guchi station.

For more information about access to the Expo 70 Commemorative Park and Spartan Race Osaka, check out <https://www.expo70-park.jp/guide/access/>



Race registration opens at 8:30AM

Racers may only complete registration **from 90 minutes** prior to his/her wave start time. Confirm wave start time on the E-Ticket in advance - registration cannot be processed more than 90 minutes before wave start time.

NECESSARY ITEMS TO BRING ON RACE DAY FOR REGISTRATION

- Guardian's photo identification, e.g. passport, drivers license, MyNumber card, residence card, student ID, etc. (photocopies accepted)
- PRINTED E-Ticket

Waivers will be signed electronically on race day. Signed waivers do not need to be prepared in advance.

- At registration, the racer will receive a t-shirt in the pre-selected size
- Bring the aforementioned items to the race registration counter on race day. Spartan Race does NOT mail race packets in advance.
- Upon completing race registration, collect race packet (items listed pg. 5).

E-ticket




Photo ID



e.g. passport,
drivers license

DON'T FORGET TO CHECK YOUR WAVE START TIME

How to find your E-Ticket:

STEP 1 Use Google Chrome 

- Click link to access My Account <https://tickets-jp.spartan.com/my-account>
- Login using your email address and password

STEP 2

- In My Account, click Orders

STEP 3

- Click the cog symbol and select PRINT TICKET

STEP 4

- E-Ticket will be displayed (see sample image)
- Click Print





Collect Race Packet

Ensure race packet contains the following:



Headband (bib number)

All racers must wear the provided headband; it should be visible during the race.



Category & Start Time Wristband

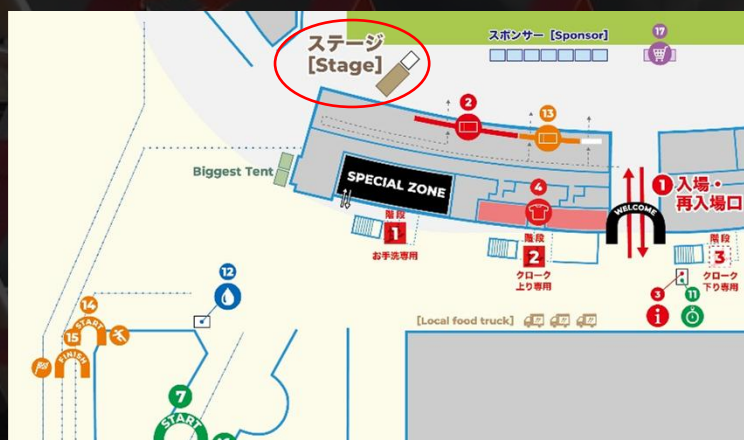
A wristband indicating category and start time will be secured onto the racer's wrist. Staff will confirm start time before the racer's event. Do not remove wristband until after exiting the race venue.

Eligibility Rules for Awards (Competitive Only)

- The start time wristband provided at registration must be worn during the race.
- In each category wave, boys will start first, followed by the girls.
- Competitive category racers must compete 15 burpees with each failed obstacle.
- Those eligible for awards are encouraged to stay on-site and participate in the awards presentation.

Awards: Top 3 Boys, Girls (10-11, 12-14)

- The top 3 boys and girls in the 10-11 and 12-14 age groups in the Competitive waves will receive an award. Age group reflects age on December 31 of the calendar year
- Racers receiving an award should attend the awards presentation wearing his/her Spartan Kids finisher t-shirt on stage.



Spartan Kids awards presentation takes place at the stage in the Festival Area from 12:30PM



SCHEDULE



TIME	EVENT
8:30 AM	Registration / Check-In begins
10:00 AM	Competitive Boys 12-14
10:15 AM	Competitive Girls 12-14
10:30 AM	Competitive Boys 10-11
10:45 AM	Competitive Girls 10-11
11:00 AM-11:15 AM	Open Category 7-9
11:15 AM-11:30 AM	Open Category 10-14
11:30 AM-11:45 AM	Open Category 4-6
11:45 AM-12:00 PM	Open Category 7-9
12:00 PM-12:15 PM	Open Category 4-6
12:30 PM-1:30 PM	Competitive & Biggest Team Awards
4:30 PM	Venue closes



RACE DAY PHOTOS

Save those memories!
Photos from Spartan Kids will be available for purchase

Spartan Race official photographer All Sports Community will take photos throughout the race



SPARTAN

オールスポーツが激走を撮影！

**ALL SPORTS
community**

公式写真販売サービス
オールスポーツコミュニティ

ヘッドバンドのナンバーを見えるように装着してください

「SPARTAN RACE OSAKA」の写真がご覧いただけます！

※写真の閲覧・購入にはオールスポーツコミュニティのログイン・新規会員登録が必要となります

オールスポーツ



メモリアルブック

販売決定！

※国内配送限定
※キッズレースは対象外です



SPARTAN RACE OSAKA STADION

イベントID: **E1691097**

公開期間:

2025年12月25日(木) ~ 2026年2月4日(水) 24:00まで

※注文期限後は、価格が変動(1.5倍~)いたしますので、あらかじめご了承ください。



SPARTAN RACE OSAKA KIDS

イベントID: **E1691098**

公開期間:

2025年12月25日(木) ~ 2026年2月4日(水) 24:00まで

※注文期限後は、価格が変動(1.5倍~)いたしますので、あらかじめご了承ください。

ご不明な点は以下連絡先までお問い合わせください (TEL: 平日10:00~17:00/FAX&E-mail: 24時間受付中)

株式会社フォトクリエイト 〒160-0023 東京都新宿区西新宿6-3-1 新宿アイランドウイング 13F TEL 050-1743-5272 FAX 050-3606-6867 support@photocreate.co.jp

PHOTO PURCHASE

All Sports Community (<https://allsports.jp/>) is the official photographer of Spartan Race. A wide variety of photos throughout race day will be posted online after the race and available for purchase. Photos can be searched using the bib number on headbands – ensure headband is on and bib number is visible at all times. It is illegal to take screenshots of photos for purchase.



SPONSORS

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